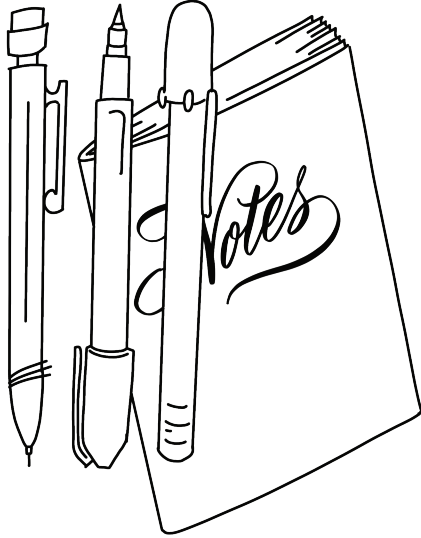


It might not be perfect, but it will be a keepsake.

INTRO TO *Journaling* BY @Melissapher

TOOLS



TIPS:

HELP! *Trouble-Shooting*

Writing at a desk makes for neater work

When writing on your lap, cross your legs to bring the notebook to a better position.

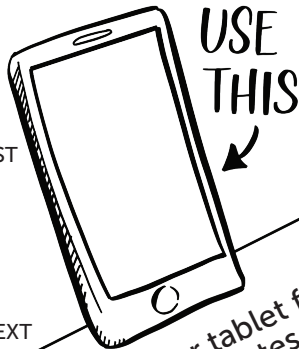
Draw borders last, or at least after you're done with a block of text. Use borders to fix less-optimal spacing/formatting.

THINK IN A **GRID**

USE A **PENCIL** OFTEN

Write right BEFORE white out

Pencil: THIS IS YOUR SAFETY NET. USE IT!



OOPS!
That's supposed to be an A!

Draw the A over the E. Looks like a mess!

Use white-out to cover extra lines

BRUSH Marker: ADDING LINE-WEIGHT CONTRAST ADDS TEXTURE & HEIRARCHY!

MARKER Monoline: FOR LOTS OF INFO, LARGE FIELDS OF TEXT AND DETAIL.

Use a phone or tablet for writing out quotes and for spell check!

Use a pencil to draw your curved lines

White PEN: FOR DETAILS OR AS WHITE-OUT TO COVER UP MISTAKES.

Notebook: BECAUSE YOU NEED SOMETHING TO WRITE IN/ON! LOL.

THIS IS JUST THE BEGINNING. YOU'VE GOT THIS!!

Have blank paper and can't write a straight line? Draw concentric + curved lines. YOUR TEXT NOW LOOKS CONSISTENT + FANCY!!

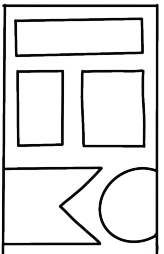


LAYOUT

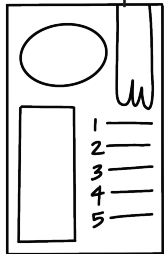
flags

Using flags or banners gives your work dimension, organization and movement.

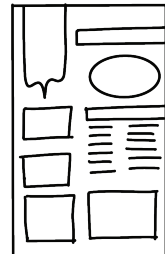
If you can't go wrong with your layouts! Here are ideas to start!



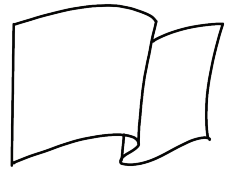
DATE, IDEAS, LARGE QUOTES, THOUGHTS & STORIES



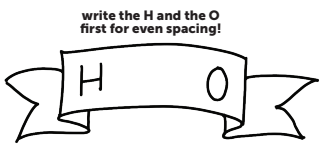
DATE, LISTS, QUOTES, SHORT SAYINGS



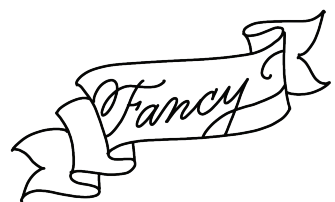
DATE, TITLE, PLACE, QUOTES LISTS AND SCRIPTURES



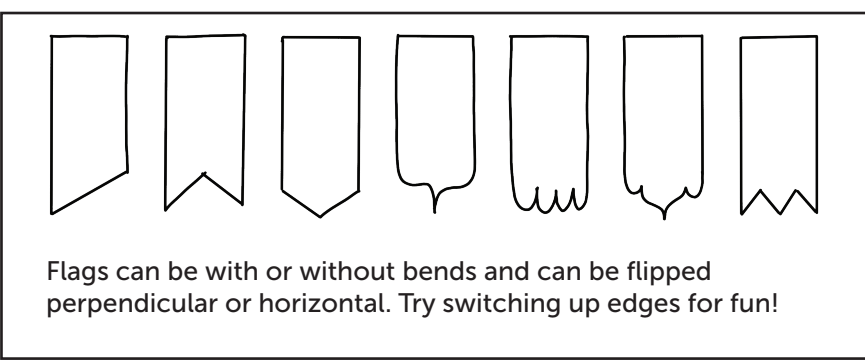
EACH LINE HAS A SLIGHT BEND



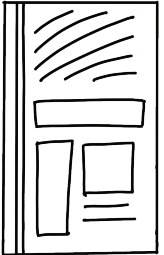
SYMMETRY MAKES THIS BANNER DIFFICULT



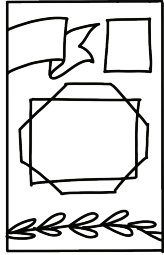
ADD RIPPLES TO MAKE IT LOOK Fancier



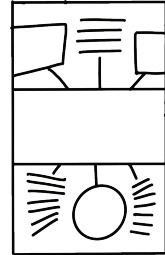
Flags can be with or without bends and can be flipped perpendicular or horizontal. Try switching up edges for fun!



DATE/SUBJECT PERPENDICULAR TO TEXT ON A CURVE



DATE, INTRO BIG QUOTE DECORATIVE BORDER



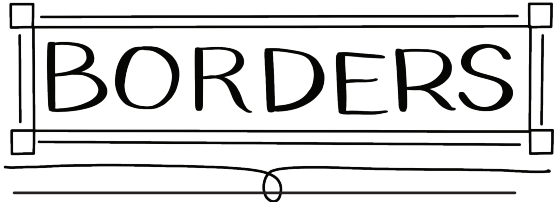
ONE TOPIC OR SUBJECT WITH THOUGHTS STEMMING FROM IT

FILLERS

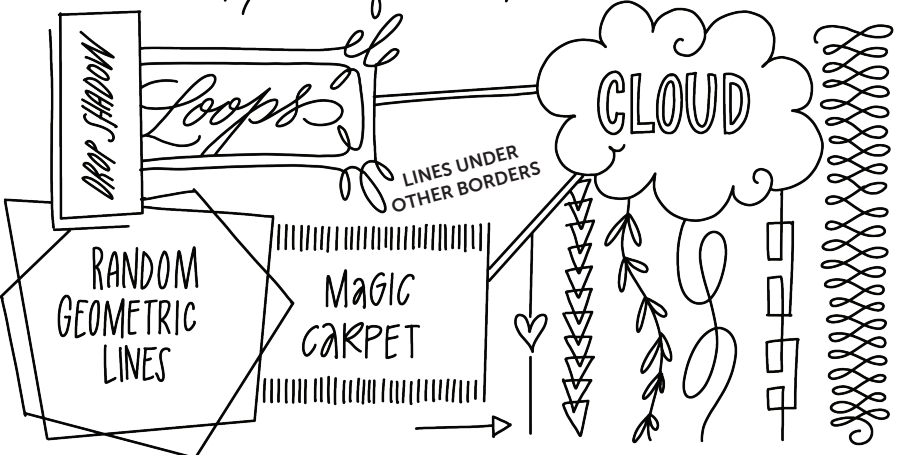
Fillers are there to balance out the negative space. I add these details very last.



I typically do some iteration of 2 column layout or a thought web.



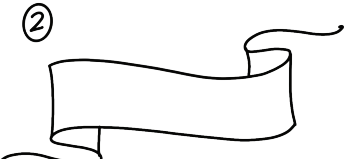
Borders provide visual structure and interest. They're also helpful for separating thoughts & topics.



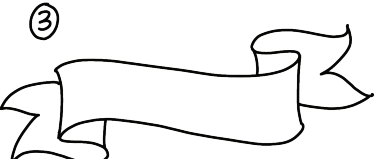
LET'S MAKE A CURVY BANNER!



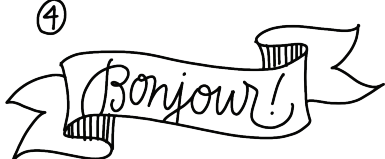
1 Draw two parallel lines. The line below continues the curve beyond the first.



2 Continue the line on the top curve and connect all apexes together.



3 Draw the edges of the ribbon with curvy compound strokes.



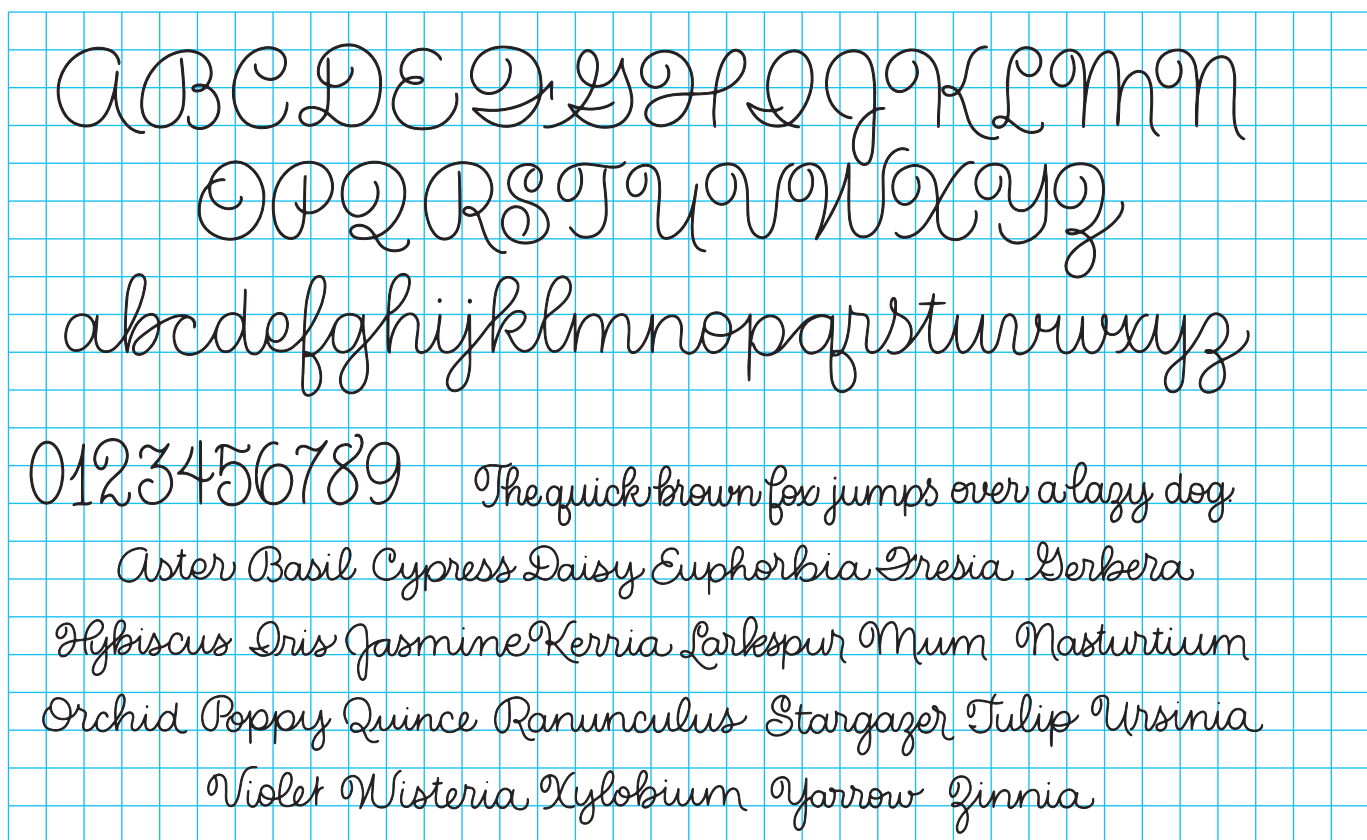
4 Finish out your banner with shading and letters!

TYPEWRITER PRINT

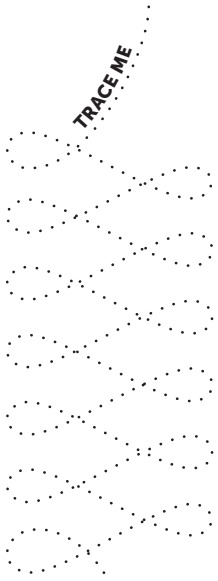


Add horizontal serifs, vertical serifs and ball terminals to Roman print for a style reminiscent of the iconic typewriter! It's the slowest of all print styles, but it adds a lot of texture. This style is fun at both large and small scales. An extra bold marker with a large scale version is particularly eye-drawing.

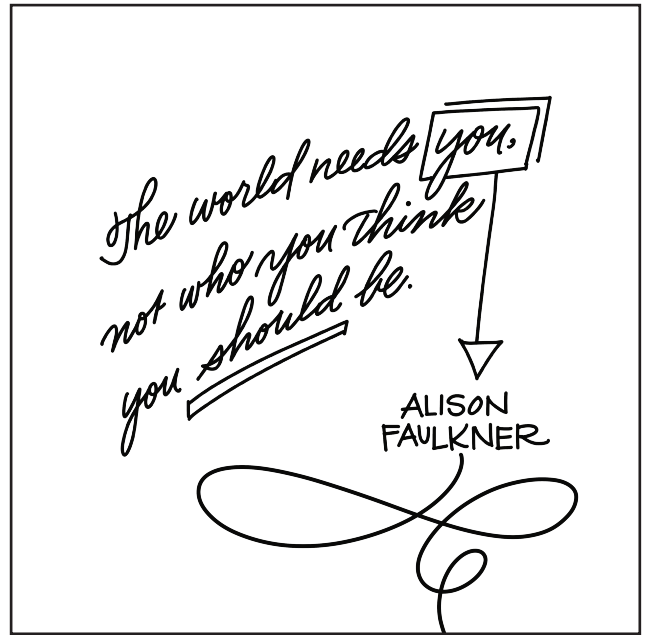
FRENCH BUBBLE SCRIPT



This style is a blend of French round hand and American cursive (which is derivative of Business penmanship). The rounded and upright proportions give it a really informal, whimsical personality. There are some inefficiencies in the rounded proportions, but this is a relatively quick style as the ascenders and descenders can be clearly read when drawn shorter than a 1:1:1 ratio.



- 1 Pin the elbow to the table, using it as a fulcrum, draw arced lines down the page lightly in pencil. Pencil as lightly as you can possibly muster!
- 2 Using your best classical cursive, pencil out the quote. Omit the descenders if using tight spacing.
- 3 Draw a rectangle around "you". Avoid intersecting the descender. Underline "should" with the same arc as the baseline.
- 4 Pencil author in all-caps and draw an arrow to it. Pencil the figure 8 flourish off the sheet.
- 5 Commit the design to pen. Rotate the paper as needed to create optimal orientation for flourishing.



ICONS & DOODLES PULLED FROM MY JOURNALS

